



UNIVERSITY *of* MARYLAND
BALTIMORE

**Welcome to the
University of Maryland,
Baltimore!**



UMB New Student Orientation

- ✓ Discover university-wide support services
- ✓ Connect and collaborate with peers outside of your school or program
- ✓ Find out about essential locations on campus
- ✓ Learn and ask questions about student requirements



UMB Student Affairs

- Serves all students from all seven Schools and Programs
- Collaborate with your School's Office of Student Affairs
- Multiple departments and units

For more information :

umaryland.edu/umb-student-affairs





University Student Government Association (USGA)

- ✔ Campuswide student government that represents all UMB students
- ✔ Addresses student concerns
- ✔ Events throughout the year
- ✔ You're invited to USGA's senate meetings



Get Involved

- Fall Kick-Off (Monday, Sept. 9 – Friday, Sept. 13)
- Campus Involvement Fair (Friday, Sept. 13)
- Student Employment

For more information :

umaryland.edu/welcome

umaryland.edu/fin/student-employment





UMB'S CORE VALUES

RESPECT *and* INTEGRITY

WELL-BEING *and* SUSTAINABILITY

EQUITY *and* JUSTICE

INNOVATION *and* DISCOVERY

#UMBtotheCore

Spotlight Sessions

- Student Counseling Center
- Educational Support and Disability Services
- UMB Student Health Center
- UMB Police and Public Safety
- Office of Accountability and Compliance/Title IX

Student Counseling Center

Monday – Friday

8:30 a.m. to 5:00 p.m.

(410) 328-8404

<https://www.umaryland.edu/counseling/>

3rd floor of the Campus Center

621 W. Lombard St. Suite 302

(right under URecFit and Wellness)





 *What We Do*

- We provide brief intervention, solution-focused professional counseling and psychiatric services for currently enrolled full-time and part-time UMB students.
- Our mission is to help promote and maintain the emotional well-being of UMB students and serve as a consultation resource to the entire university community.



What Every Student Needs to Know...

- ♦ **CONFIDENTIALITY: Counseling services are strictly confidential:** If not a danger to self or others, we only communicate with other individuals if the student gives us explicit permission.

RECORDS ARE REQUIRED BY LAW TO BE SEPARATE FROM ACADEMIC RECORDS & CANNOT BE VIEWED BY ANYONE IN THE PROGRAM OR UMB.

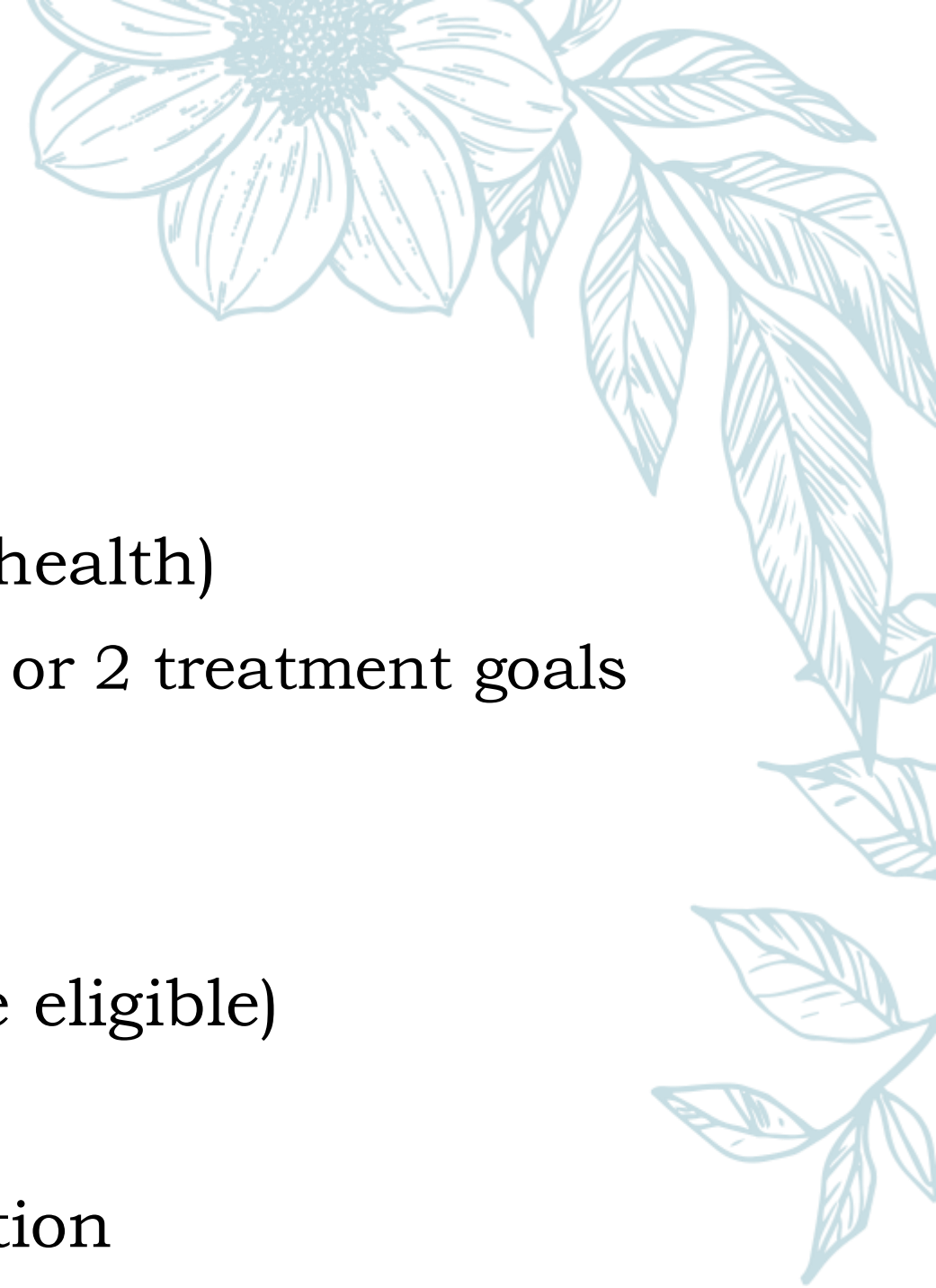
- NO FEES/NO INSURANCE: We do not bill students for any services or report to their insurance (may need to use insurance for medications only).
- Records are **DESTROYED** seven years after your last date of service.
- We are Title IX exempt, meaning that we are not mandated to report **gender-based harassment, sexual misconduct, or gender-based discrimination**

How to Access SCC Services

- Call our number: **410-328-8404**
 - If office is closed: Select Option 3 to leave a voice message. Leave your full name (please spell), phone number, & email
- **Same day appointments** can be requested on the website. Please request on the day that you are available to meet. A small amount of paperwork is required.
- For most other services (including therapy), when you call you will then be scheduled for a phone triage, which is a 15–20-minute phone screening with an SCC clinician to discuss current needs

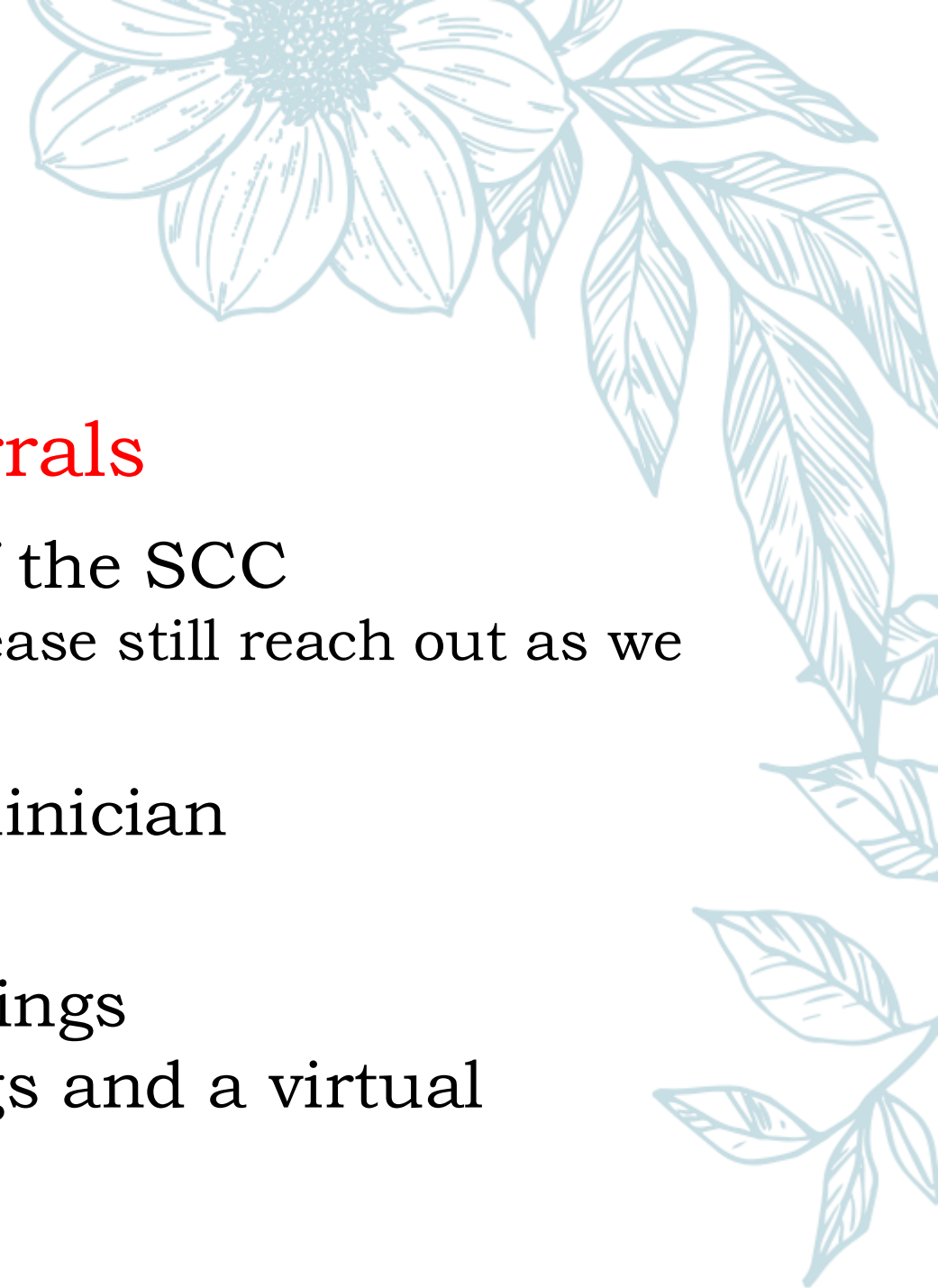


Services Available from SCC



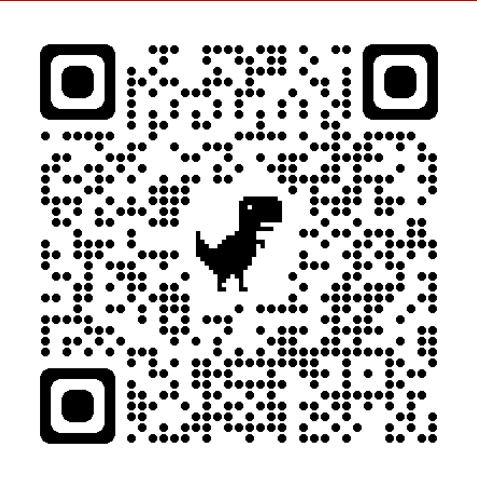
- ◆ **Individual Therapy: Free and Confidential**
 - Flexible individual counseling (can be both in person or via telehealth)
 - Typically, 45-minute sessions every 2 to 3 weeks working on 1 or 2 treatment goals
 - No session limit, but SCC is brief intervention model
 - Offered after completing a phone triage and initial evaluation
- ◆ **Psychiatry** (Student must participate in counseling with SCC to be eligible)
 - May be available after initial evaluation
 - Certain medications require a recent psychoeducational evaluation
- ◆ **Crisis Support Line: 410-328-8404 (select option 7 for After Hours Crisis)**
- ◆ **Same-Day Counseling Appointments: Rapid access**
 - Available weekdays at 2:00pm. Form opens at 7:30am on the same day.

Services Available from SCC



- ◆ **Referral Assistance:** Assistance in finding appropriate referrals
 - Student will need to use their insurance* for services outside of the SCC
 - ❖ However, if you do not have insurance or have insurance issues, please still reach out as we may have other options available
 - Request referral assistance during the phone triage with SCC clinician
- ◆ **Workshops and Trainings:**
 - Please visit the SCC website for upcoming workshops and trainings
 - Upcoming events: Mental Health First Aid (MHFA) trainings and a virtual LGBTQIA+ connections group

***IMPORTANT:** If you have out of state health insurance that was approved as meeting UMB's waiver requirements, even if you think you will not need mental health services while at UMB, **please contact your insurance to confirm that you have mental and behavioral health benefits for the state of Maryland.** Do not assume that the student insurance waiver means that you do. Check ASAP as the deadline to sign up for the Student Health Insurance Plan (SHIP) is September 15th.



Thank you!

Please review the website for any SCC updates



UNIVERSITY *of* MARYLAND
BALTIMORE

Office of Educational Support and Disability Services

Jacob Gulso (He/Him)

Educational Access Coordinator

410-706-5889



About Us

- ESDS Team:
 - Ann Kim, Director of ESDS
 - Heather Moore, Associate Director of ESDS
 - Nia-Imani Fagan, Coordinator, Testing and Support Services
 - Jacob Gulso, Coordinator, Educational Access
- ESDS works with students with all types of disabilities including physical, learning, sensory, psychological, ADHD, and chronic and acute medical conditions.
- Collaborate with students, faculty and staff to facilitate academic success and to make education accessible regardless of ability.



Accommodations Process

1. Complete online form: [Disability Disclosure and Reasonable Accommodations form](#)
2. Submit appropriate medical documentation. Documentation should be current and is evaluated on a case-by-case basis.
3. Meet with ESDS staff to discuss barriers to access, accommodations, and services they may need.
 - Are on a case-by-case basis
 - Do not roll over to next semester
 - Are not retroactive
 - If accommodations need to be adjusted - contact ESDS



(Free) Student Resources

Screen Reader: Kurzweil

Citation Manager: Zotero

Dictation: 365

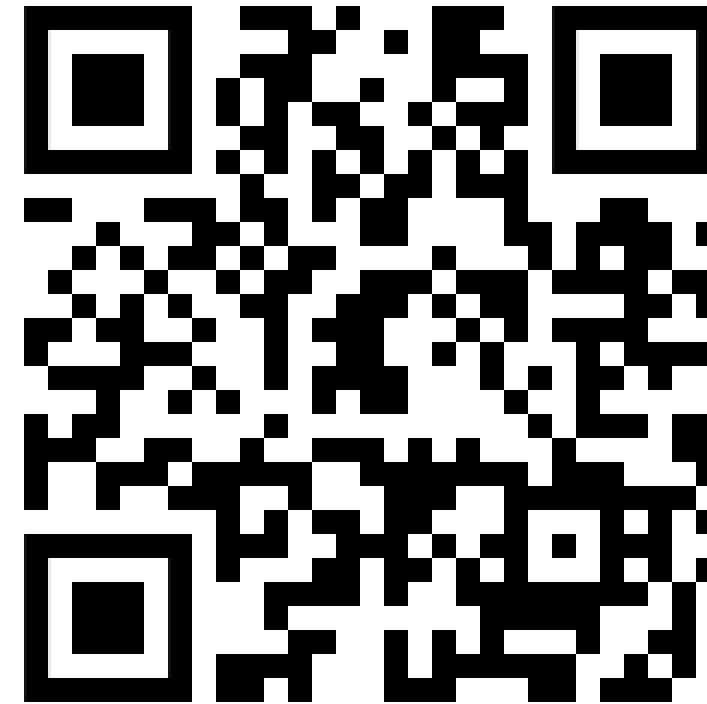


Academic Coaching

- All students at UMB are welcome to participate in Academic and Professional Development Coaching Services.
- Together with an academic coach, students examine their learning styles, working habits, career and leadership aspirations, professional goals, and current difficulties or barriers to success.

Academic Coaching

Students can find more information about academic coaching on the ESDS website by scanning the QR Code.





ESDS Testing Center

- The ESDS testing Center provides a location of minimal distraction for students that have approved accommodations.
- Students with approved accommodations must schedule exams 48 hours in advance (School of Pharmacy 5 days in advance)
- ESDS Test Center Hours: Monday-Friday 8 A.M-4:30 PM



Employment Opportunities

- **Testing Center Proctors**
 - Work-study position
 - Contact Nia Fagen, UMB Testing Center Coordinator:
nfagan@umaryland.edu
- **Note Takers- \$125/credit**
 - Submit your course schedule and learn more through the home page of the website.
 - Contact Jacob Gulso, ESDS Access Coordinator at
jgulso@umaryland.edu



ESDS Office

- Website:

www.umaryland.edu/disabilityservices

- Contact:

disabilityservices@umaryland.edu

UNIVERSITY OF MARYLAND BALTIMORE CAMPUS

STUDENT HEALTH 667-214-2233



UNIVERSITY OF MARYLAND CAMPUS HEALTH (UMCH)

DEPT. OF FAMILY & COMMUNITY MEDICINE

LOCATION

408 W Lombard Street

- Upper Level – Immediate Care
- By scheduled appointments and some walk ins
- Mon – Fri
7am - 5pm (last visit 4:40pm)
(667) 214 – 2233
- Lower Level – Student Health Administrative Office
Mon – Fri
8:30am - 4:30pm
(667) 214 – 1883 shealth@umaryland.edu

STUDENT HEALTH INSURANCE

- ▶ Full-time students are required to have health insurance.
- ▶ By September 15th, students must accept the UMB student health insurance plan (SHIP) **OR** request a waiver due to having comparable health insurance.
- ▶ You must go through Gallagher to opt in/out of the UMB health insurance: <https://www.gallagherstudent.com/students/student-home.php?idField=1356>
- ▶ Full-time students will see the SHIP charge on their student account until a waiver has been processed and approved.

STUDENT ACCIDENT INSURANCE

- ▶ All full-time students will be enrolled in and billed for the UMB Accident Only Insurance Plan. The Accident Insurance Plan is Excess (Secondary) insurance coverage to a student's primary ACA compatible health insurance plan and covers deductibles, co-pays, and co-insurances so that out-of-pocket expenses to the student are minimized.
- ▶ The Accident Insurance covers students while they are on the UMB campus and attending or participating in a UMB sponsored or recognized activity, including practicums. This includes traveling to or from the student's home, and campus, within the entire state of Maryland.
- ▶ Information regarding the Accident Insurance Plan can be found here: [Health Insurance: umaryland.edu/studentinsurance/](https://umaryland.edu/studentinsurance/)

HEALTH INSURANCE

UNITED HEALTH CARE STUDENT RESOURCES

- No associated copays when using the Student Health Center for most office visits
- Labs, X-rays, cultures, prescriptions – billed to insurance first, but students are responsible if denied/partially covered
- Note: Copay applies for non-routine health care = minor surgery/colposcopy/IUD placements, etc.

USING OUTSIDE INSURANCE

- Go through Gallagher to opt in/out by September 15th
- No associated copays when using the Student Health Center for most office visits including for Outside Insurance that meets UMB waiver requirements
 - Note: Copay applies for non-routine health care = minor surgery/colposcopy/IUD placements, etc.
 - Labs, X-rays, cultures, prescriptions – billed to insurance first, but students are responsible if denied/partially covered

REQUIRED IMMUNIZATIONS/SCREENING

- ▶ Measles, Mumps, Rubella, Varicella, Hepatitis B, Tdap/Td within 10 years and TB screening.

- ▶ If living on campus, meningococcal vaccination within 5 years
- ▶ Preferred documentation: titers (proof of immunity) > vaccination dates.
- ▶ COVID 19 primary series is required for students with clinical rotations; Boosters are recommended.
- ▶ Annual influenza vaccine strongly recommended. *Required for students with clinical rotations.
- ▶ All students (except for: UMB students in the Law school & some Graduate programs) are required to have a Hepatitis B Surface Antibody test **after** having completed the Hepatitis B vaccine series.
- ▶ Students will not be allowed to register for next semester classes if the immunization portion is not in compliance.
- ▶ See requirements online: <https://www.umaryland.edu/studenthealth/immunization-requirements/>

COVID-19 AND INFLUENZA VACCINES

- **COVID Vaccines**
 - Primary series required for students with a clinical rotation requirement; booster vaccines recommended.
 - Upload proof of vaccine to the EXXAT tracking platform
- **Influenza Vaccine**
 - Strongly recommended annually
 - Required for students who have a clinical rotation requirement.
 - Upload proof of vaccine to the EXXAT tracking platform
 - Refer to websites for religious/medical exemption process

TUBERCULOSIS (TB)

- Upon entry students need to have a TB IGRA screening test (either Tspot/TB Gold) within 12 months AND a TB screening questionnaire. This is submitted to the immunization tracking platform.
-
- Annually thereafter a TB risk screening questionnaire will be used to screen for any new increased risk. This questionnaire is submitted to EXXAT.
 - For positive test results or history of positive TB screenings:
 - Students will be asked to consult a medical provider for clearance
 - Students will be offered treatment if LTBI is suspected (regardless of whether or not their Chest X-ray is normal).
 - The goal of treatment of LTBI is to minimize the risk of developing and transmitting TB later in life.

HOW TO KEEP IT ALL THESE RECORDS STRAIGHT??

- ▶ Student Health has implemented a new immunization tracking system called **EXXAT** that stores your vaccine, titer and TB screening records.
- ▶ After you register for your classes, you will receive an email from EXXAT with log in information and instructions on how to upload immunization data
- ▶ In the interim, gather all vaccination records per UMB immunization and school specific requirements for online submission.

Public Safety at UMB

UMB Police and Public Safety
A Division of Administration and Finance

About UMB Police and Public Safety

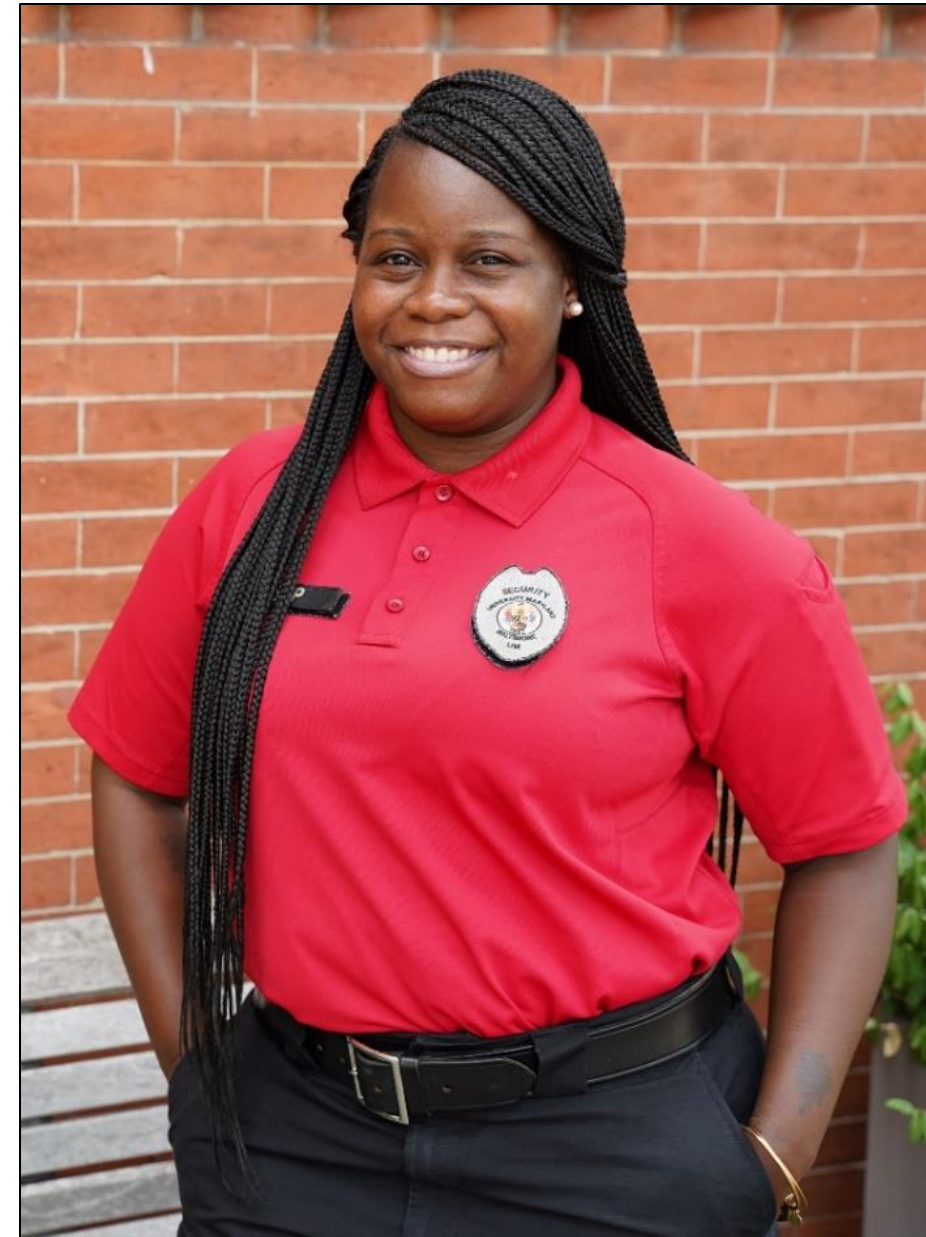
- Full-service law enforcement agency
 - ~200 police officers, security officers, professional staff, and Office of the Fire Marshal employees
- What makes us different:
 - Community Outreach/Co-Response Model
- Main police station/police annex:
 - 214 and 222 North Pine Street (*pictured*)



UNIVERSITY of MARYLAND, BALTIMORE
POLICE AND PUBLIC SAFETY



UMB Police Officer



UMB Security Officer



UMB Fire Marshal

Safety Tips

Safety is a Community Effort

UMB is one of the safest areas in downtown Baltimore.

These small steps can keep our community safe:

- Put away phones and headphones.
- Walk in groups along well-lit, well-traveled paths.
- Secure valuables in a bag with a zipper or clasp.
- Swipe your badge when entering a UMB building.
 - Let a UMB security officer know if someone enters without swiping their badge.
- Lock bicycle/vehicle

Weapons Policy

- UMB prohibits carrying any weapons or replicas of weapons on campus
 - Includes guns, knives, pepper spray, etc.
 - Exception for law enforcement
- Sign up for UMB Public Safety training:
 - Basic physical self-defense
 - Civilian response to active shooter events
 - umbsafe.org/training (or scan)



Engaging with Vulnerable Populations

- Homelessness and panhandling are not crimes.
 - **If you choose to give:** Avoid bringing out your wallet.
Consider giving food, clothing, water, or small change from your pocket.
 - **If you choose not to give:** Say “sorry, no” and move on.
Remember: a smile and a kind word go a long way, and it’s free!
- If you see someone who needs help: umb-safe.org/referral
- If you need help: 410-706-6882



Public Safety Resources

Safe Walk/Safe Ride

- Safe Walk
 - Available on UMB's campus 24/7
 - Call 410-706-6882
- Safe Ride
 - Available on UMB's campus and surrounding neighborhoods
 - 7 a.m. to 1 a.m.
 - Request through the UMB Mobile App (or scan)
 - Or by calling 410-706-6822



UMB Alerts

- Emergency notifications
 - Balancing timeliness and accuracy
 - *Considerations:* location, “imminent threat,” and more
- Weather-related closures
- Email, SMS, phone call, social media, website, Mobile UMB app
- Update your information: umaryland.edu/alerts
(or scan)



There are LOTS of ways to stay informed about public safety at UMB:

- Social media
 - @PoliceUMB (Facebook, X, Instagram)
 - @PoliceUMBK9 (Instagram)
- Monthly newsletter
 - umbsafe.org/news_subscribe
- Phone (24/7)
 - Save our number: 410-706-6882
- Website
 - umaryland.edu/police

Sign up now so you're not wondering later!





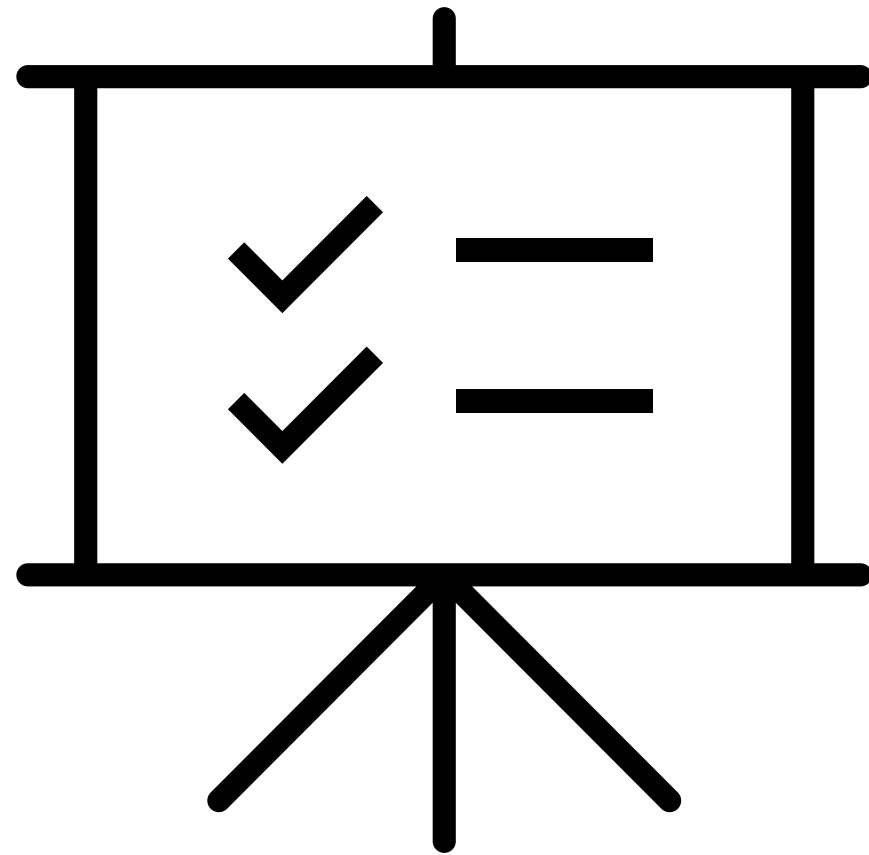
UNIVERSITY *of* MARYLAND
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A COMMITMENT TO AN INCLUSIVE UMB COMMUNITY

Title IX Program

The Office of Accountability and Compliance

TODAY'S OBJECTIVES



- 1. Title IX overview**
- 2. Sex Discrimination**
- 3. UMB's Title IX program**
- 4. Reporting**
- 5. Resources and Supports**



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TITLE IX OF THE EDUCATION AMENDMENTS OF 1972

“No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any educational program or activity receiving Federal financial assistance.”

A stylized graphic where the word 'TITLE' is written vertically in white inside a teal rectangular bar, and the word 'IX' is written in large, bold, teal letters to its right.

NEW REGULATIONS: ENDURING UMB COMMITMENT

The 2024 Final Rule for Title IX became effective August 1st

- Broader definitions
- Due process
- Supportive Measures
- Pregnancy or pregnancy-related conditions

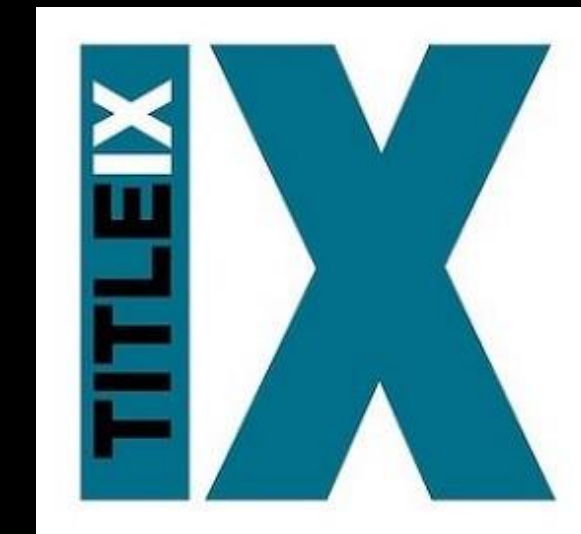


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TITLEIX
X

‘ON THE
BASIS OF
SEX’

- Sex stereotypes
- Sex characteristics
- Sexual orientation
- Gender identity
- Pregnancy or pregnancy-related conditions



- Sexual harassment
 - Quid pro quo
 - Hostile environment
 - Unwelcome
 - Sex-based
 - Severe OR Pervasive
 - AND objectively offensive
- Dating Violence
- Domestic Violence
- Sexual Violence
- Stalking
- Retaliation

SEX BASED DISCRIMINATION

PREGNANT AND PARENTING STUDENTS

Pregnancy & Pregnancy-related Conditions

- Equal access
- Confidentiality
- Prohibits discrimination
- Reasonable modifications or accommodations
- Lactation Accommodations
- Leaves of absence

Parenting

- Equal access
- Prohibits discrimination
 - Gender role parenting stereotypes



UMB'S TITLE IX PROGRAM

[About UMB](#)
[Academics](#)
[Admissions](#)
[Research](#)
[Services](#)
[University Life](#)
[Give to UMB](#)

OAC Services

Title IX

- Resources and References
- Policies and Procedures
- Training
- Frequently Asked Questions
- Title IX Reporting Analytics

Bias and Discrimination

Research Integrity Office

Research Compliance

Conflict of Interest

Education and Training

OAC Analytics

Report a Concern

Outreach

[OAC Customer Feedback Survey](#)

[Title IX Barriers to Reporting Survey](#)

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any educational program or activity receiving Federal financial assistance."

The University of Maryland, Baltimore (UMB) holds Respect and Integrity, Well-Being and Sustainability, Equity and Justice, and Innovation and Discovery as our shared core values. Sexual misconduct is destructive and contradicts our core values.

Through our commitment to Respect and Integrity, as a community, we are expected to treat everyone with dignity and civility. An inclusive environment strengthens UMB. The UMB community is called, in providing for our community's Well-Being and Sustainability, to promote a culture that does not tolerate sexual misconduct and seeks to prevent the harm

sexual misconduct causes our community. UMB calls upon members of our community to demonstrate their commitment to Equity and Justice, reporting sexual misconduct they experience, observe, or suspect. UMB is committed responding promptly and equitably to reported sexual misconduct.

Our core values call upon all members of the UMB community to be curious and to find new ways to respond to challenges through Innovation and Discovery, learning and applying the letter and the spirit of UMB's policies related to sexual misconduct.

[HOTLINE](#)
Report an Incident

[Policies and Procedures](#)

[Education and Training](#)

[Resources and References](#)

[Analytics](#)

[FAQs](#)

UMB's Title IX Coordinator



UMB Hotline

- umaryland.edu/umbhotline
- 866-594-5220

Title IX Coordinator:

- Stephanie Suerth, Acting Director: 410-706-5212
ssuerth@umaryland.edu
titleix@umaryland.edu



UMB Hotline

ATTENTION

UMB's Hotline will continue to be available during the 2023 Winter Break for inquiries or reports. The office will be monitoring incoming reports during the week of December 25th, 2023, and normal operations will resume on Tuesday, January 2, 2024.

Please note, the Hotline is not an emergency line, if you need immediate assistance, please contact 911.

[Hotline FAQs](#) | [Code of Ethics and Conduct](#) | [Hotline Policies](#) | [Hotline Reporting Procedures](#) | [What Happens After a Report is Filed](#)

The UMB Ethicspoint Hotline is not an emergency service, if you require immediate emergency assistance, call 911.

OUR COMMITMENT

The University of Maryland, Baltimore is committed to a culture that is reflective of our [Core Values](#). All members of our UMB Community are responsible for creating that shared Culture.

If you have **experienced, witnessed, or suspect** someone has acted contrary to our Code of Ethics, Core Values, Policies or Procedures, or violated a law **report your concerns**.

STATEMENT OF NON-RETALIATION

Fear of reprisals should not be a deterrent to reporting known or suspected misconduct. Retaliation includes any adverse action against a person because he or she has made a complaint in good faith or participated in a University process. Retaliation will not be tolerated.

If a member of the UMB Community suspects they have experienced retaliation, please report it using the Hotline.

FILE A REPORT

Report Electronically:

[HOTLINE](#)

OR

Report by Phone:

[866-594-5220](tel:866-594-5220)

Once you submit your report, you will be provided with a Report Key to access the Report and respond to any questions that may be asked.

Note: The Hotline allows for anonymity, and provides a method for or

FOLLOW-UP ON EXISTING REPORT

You will need your Report Key and Password to access the Report.

[Report Follow-Up](#)

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UMB CONFIDENTIAL AND NON-CONFIDENTIAL EMPLOYEES

UMB CONFIDENTIAL EMPLOYEES

- Student Counseling Center
- Student and Employee Health
- Employee Assistance Program (EAP)

NON-CONFIDENTIAL EMPLOYEES

- Administrators
- Advisors
- Faculty
- Staff



RESOURCES AND SUPPORTS

- UMB offers information on resources for individuals impacted by sex discrimination on the Title IX Website under Resources and References.
- Resources include UMB, local, state, and national resources, including UMB Confidential Resource information.
- References includes bystander intervention and risk reduction information.



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BALTIMORE



Stephanie Suerth

Acting Title IX Coordinator

Office of Accountability and Compliance

410-706-5212

titleix@umaryland.edu

